

OPEN DOOR CLINIC THE OPEN DOOR

September, 2018



Alicia Rodriguez, Jody Brakeley, Paola Meza and Richard Brach lead the ODC team in the 2018 Middlebury Memorial Day Parade

The Open Door Clinic, like many non-profit organizations, can only serve the community because of its amazing volunteers. There are many fulfilling dimensions of volunteering and each person has their own reason to volunteer. "I want health care for all with no barriers and I want to support our migrant workers," wrote one of our volunteers at our appreciation event last May. Others said they like to volunteer with us because:

"(...) of the dedication of the volunteers and friendliness and appreciation of the staff"

"The staff and volunteers make everyone feel part of a family and community"

"It's an opportunity to support people in getting health care and to use my Spanish"

"Everyone is so selfless and the

staff always offers me a ride home"

"I enjoy getting to know the patients, their culture, their problems and their iovs"

"I feel great being part of something that helps the community get their needs met"

"The Open Door Clinic is a joyful and welcoming environment to college students"

"No one should have to go without health care and support"

"[It's great] to make connections and to provide comfort and safety"

"It's an absolute joy to be able to volunteer"

The ODC has been serving the community since 1991. Since 2004, when our database was established, the number of ODC volunteers has

increased tenfold: 14 years ago, we had 15 registered volunteers who volunteered 155 hours. In 2017, we had 151 volunteers who dedicated 2,536 hours of medical care, medical interpretation and administrative support.

Since the beginning of 2016, with the establishment of ODC's dental program, dentists have joined physicians, osteopaths, naturopaths, optometrists, nurse practitioners, nurses, physical therapists, pharmacists, chiropractors, dietitians, EMTs, MAs, mental health counselors, interpreters, translators, front desk people, administrative support and board members as ODC volunteers.

Currently, 10 dentists volunteer to see our patients at their practices in Addison and Chittenden Counties. So far this year, 117 individuals have volunteered 2,006 hours to the ODC.

A Volunteer Love Story

Sunday, May 6, 2018 was a special day for Paola Meza and Richard Brach, two of our volunteers. That day, they ran together in the Middlebury Maple Run for their third consecutive year.

Paola, a Los Angeles native, and Rich, born and raised in Melrose. MA, come from opposite corners of the country, and their paths first crossed in the beautiful mountains of Vermont. The ebb and flow of life provided for their romantic encounter to happen not on campus, but through volunteering at our very own clinic back in 2015! Rich, who graduated from Middlebury College in 2017, was welcoming patients as the front desk person, while Paola, who will graduate in 2019, was facilitating communication between health care providers and patients as a Spanish-English interpreter. That was when they talked for the first time.

Like Paola and Rich, many of our volunteers are Middlebury College students. But we also have local high school students and community members who come once a week, once a month, or once in a while to contribute their skills to make the Open Door Clinic a special place.

"We felt a ton of excitement and pre-race jitters as we warmed up behind the starting line. The best part of the race by far is running past the volunteers handing out water and orange slices every couple miles. Even when we were at our lowest, their energy always put a smile on our tired faces!", said Paola and Rich of this year's race, which benefitted the Open Door Clinic and five other local organizations.

Paola plans to stay involved with the ODC during her senior year. Rich recently moved to Burlington to start medical school at UVM.



Rich and Paola at the Maple Run

and wants to keep involved too.

However life unfolds for Paola and Rich, we are delighted for them and grateful for the many ways they've helped us. Who knows what unexpected bonuses one may find when volunteering at the ODC? Have you found one? We'd love to hear your story! Please write us at odc@opendoormidd.org.

	Number of Distinct ODC Volunteers
200 -	
180 -	
160 -	
140 -	
120 -	
100 -	/ ~
80 -	∮
60 -	
40 -	
20 -	
0	

Year	# Volunteers	# Hours	
2004	15	155	
2005	19	770	
2006	27	890	
2007	39	915	
2008	81	1829	
2009	128	2110	
2010	101	1751	
2011	134	2142	
2012	167	3464	
2013	162	3472	
2014	181	3638	
2015	144	2419	
2016	147	2268	
2017	151	2536	
2018 (as of			
August 31st)	117	2006	

Since 1991, the Open Door Clinic has been very fortunate to count on some stellar volunteers! Here are just a few of our more than 136 active volunteers.



125 hours

Office Support

91 hours

Doctor of Dental Medicine

Volunteer Dental Director

Leslie Hills Mary Rizos **Active Volunteers** David Hobbs Alicia Rodriguez Eye Care Associates Lewis Holmes Laurene Rogers Middlebury Eye Associates Ali Houghton Bill Roper Maisie Anrod Gale Hurd Anna Roy Sarah Ashe Pat Jackson Jim Runcie Alice Berninghausen Priscilla Jimenez Nathan Shepard John Berninghausen **Bethany Shorey** Hayley Jones Ellen Bernstein Ann Jones-Weinstock Ashley Simons Holly Blair Amalia Kane Simone Skerritt Sarah Bourne Peggy Keith Molly Smith Claire Bove Kristi Kilpatrick Scott Smith Richard Brach Dayle Klitzner Lori Soule Megan Brakeley Katherine Koehler Sarah Sparks Catherine Bryne Erik Koskinen Dayna Stimson Caroline Cating Bill Kunkel Susan Stone Carol Causton Kim Kurak Kate Stormfield Donna Chicoine Deborah Kutzko Rebecca Strull Ronnie Chirnoff Linn Larson Mary Beth Tichacek Derek Cimler Patty Lewis Rachel Cohen Ellen Long-Middleton Jim Cossaart Ainaka Luna

Gina Tindall Sarah Tully Guadalupe Vega Ed Clark Megan Mahoney Roberto Veguez Nathan Cobb Jeffrey Maneval Susan Veguez

Francine Cohen Marta Manrique-Gomez Maria Luisa Verduzco **David Congalton** Hector Vila Cindy Marshall Peter Conlon Susannah McCandless Meredith Visco Mari Cordes Jim McDaniel Jessica Wagener Megan Cronkite Lucy McKeon Kim Walker Andrew Daly Cindy Messenger Barbara Walter Laura Dillon Paola Meza Wendy White Barbara Ekedahl Jace Molinari Kate Williams Lou Faivre Tim Williams Alan Moore Adam Fasoli Mitch Moreau Kathleen Wilson

Ava Murphey Suzanne Germain Davida Murray Cap Woodruff

Kelly Gill Peg Myhre Rosalie Wright-Lapin

Janet Golden Ann Naumann Jordan Young II Christopher Grace Terry Naumann Margaret Young **Hunter Graham** Fiona Oldham **Emely Zeledon** Jane Halpin Cathy Oliver Grace Zimmer Ali Hamedani Jessica Pashko Maja Zimmermann

Peter Hare Liza Pellerin

Miguel Fernandez

Anabel Hernandez Audra Pinto If you are a current volunteer Ariana Hernandez Suzanne Potente and don't see your name here, Chelsea Hescock **Dorothy Punderson** we apologize. Please let us

Karen Hescock Margo Reigle know!



Sue Rice (1934-2018)

By Jody Brakeley

Sue, a long-time resident of Lincoln, lived a life full of adventure and compassion. She started volunteering with the Open Door Clinic in 2009. As a Licensed Clinical Social Worker, her numerous and varied life experiences equipped her with the skills and drive to advocate for our patients. She fit her volunteer counseling around her work schedule, seeing patients either at our evening clinics, or during the day at our office, if that fit the patient's schedule better. She was passionate about her work, improved her Spanish to better communicate with some of our patients, and helped us write our policies and procedures as we expanded our mental health program.

Sue's enthusiasm and generous spirt were a true inspiration to all of us and we miss her very much.

Stay connected to ODC



802-388-0137



www.opendoormidd.org



odc@opendoormidd.org



opendoorclinicvt

The Open Door Clinic can now benefit from fundraising campaigns on Facebook!



Open Door Clinic



100 Porter Drive Middlebury, VT 05753

Matt Wollam-Berens