

2025 Income Guidelines

| Household Size | WIC & 3 Squares: as of 7/1/25 | | ODC, Hospital Programs | | | | State Programs | | | | | | |
|----------------|----------------------------------|-------|------------------------|--------|--|--------|---------------------------|-------|-------------------------------|--------|-------------------------|-----------|--------|
| | | | Open Door Clinic | | Porter Hospital & UVMC Sliding Scale / HAP program | | Medicaid: as of 3/1/25 | | Dr. Dynasaur: as of 3/1/25 | | 2025 Poverty Guidelines | You First | |
| | 185% | | 300% | | 400% | | 138% | | 318% | | 100% | 250% | |
| | Year | Month | Year | Month | Year | Month | Year | Month | Year | Month | Year | Year | Month |
| 1 | 28,953 | 2,413 | 46,950 | 3,913 | 62,600 | 5,217 | 21,597 | 1,800 | 49,767 | 4,147 | 15,650 | 39,125 | 3,260 |
| 2 | 39,128 | 3,261 | 63,450 | 5,288 | 84,600 | 7,050 | 29,187 | 2,432 | 67,257 | 5,605 | 21,150 | 52,875 | 4,406 |
| 3 | 49,303 | 4,109 | 79,950 | 6,663 | 106,600 | 8,883 | 36,777 | 3,065 | 84,747 | 7,062 | 26,650 | 66,625 | 5,552 |
| 4 | 59,478 | 4,956 | 96,450 | 8,038 | 128,600 | 10,717 | 44,367 | 3,697 | 102,237 | 8,520 | 32,150 | 80,375 | 6,698 |
| 5 | 69,653 | 5,804 | 112,950 | 9,413 | 150,600 | 12,550 | 51,957 | 4,330 | 119,727 | 9,977 | 37,650 | 94,125 | 7,844 |
| 6 | 79,828 | 6,652 | 129,450 | 10,788 | 172,600 | 14,383 | 59,547 | 4,962 | 137,217 | 11,435 | 43,150 | 107,875 | 8,990 |
| 7 | 90,003 | 7,500 | 145,950 | 12,163 | 194,600 | 16,217 | 67,137 | 5,595 | 154,707 | 12,892 | 48,650 | 121,625 | 10,135 |
| 8 | 100,178 | 8,348 | 162,450 | 13,538 | 216,600 | 18,050 | 74,727 | 6,227 | 172,197 | 14,350 | 54,150 | 135,375 | 11,281 |

Effective 2024

Count a pregnant woman and her unborn child as a household of 2.

Financial Assistance Program - UVMC: 1-800-639-2719 Option #2
802-847-6950

HAP Program - UVMC: 802-847-6984

*Porter Financial Assistance is retroactive 8 months and goes forward 12 months

*Medicaid is retroactive up to 3 months if you request it

For Poverty Levels, School Meals and CSFP, all figures are taken directly from income guidelines published in the Federal Register. Medicaid/Dr. Dynasaur/VHAP and Food Stamp figures are provided by DCF. WIC regulations allow WIC to implement updated income guidelines at the same time as Medicaid.