

2025 Income Guidelines

Household Size	WIC & 3 Squares: as of 7/1/25		ODC, Hospital Programs				State Programs						
			Open Door Clinic		Porter Hospital & UVMC Sliding Scale / HAP program		Medicaid: as of 3/1/25		Dr. Dynasaur: as of 3/1/25		2025 Poverty Guidelines	You First	
	185%		300%		400%		138%		318%		100%	250%	
	Year	Month	Year	Month	Year	Month	Year	Month	Year	Month	Year	Year	Month
1	28,953	2,413	46,950	3,913	62,600	5,217	21,597	1,800	49,767	4,147	15,650	39,125	3,260
2	39,128	3,261	63,450	5,288	84,600	7,050	29,187	2,432	67,257	5,605	21,150	52,875	4,406
3	49,303	4,109	79,950	6,663	106,600	8,883	36,777	3,065	84,747	7,062	26,650	66,625	5,552
4	59,478	4,956	96,450	8,038	128,600	10,717	44,367	3,697	102,237	8,520	32,150	80,375	6,698
5	69,653	5,804	112,950	9,413	150,600	12,550	51,957	4,330	119,727	9,977	37,650	94,125	7,844
6	79,828	6,652	129,450	10,788	172,600	14,383	59,547	4,962	137,217	11,435	43,150	107,875	8,990
7	90,003	7,500	145,950	12,163	194,600	16,217	67,137	5,595	154,707	12,892	48,650	121,625	10,135
8	100,178	8,348	162,450	13,538	216,600	18,050	74,727	6,227	172,197	14,350	54,150	135,375	11,281

Effective 2024

Count a pregnant woman and her unborn child as a household of 2.

Financial Assistance Program - UVMC: 1-800-639-2719 Option #2
802-847-8000

Health Assistance (HAP) Program - UVMC: 802-847-6984

*Porter Financial Assistance is retroactive 8 months and goes forward 6 months

*Medicaid is retroactive up to 3 months if you request it

For Poverty Levels, School Meals and CSFP, all figures are taken directly from income guidelines published in the Federal Register. Medicaid/Dr. Dynasaur/VHAP and Food Stamp figures are provided by DCF. WIC regulations allow WIC to implement updated income guidelines at the same time as Medicaid.